

## Positive COVID-19 case, symptomatic people and home contacts

Reminder of the instructions issued by the Direction régionale de santé publique

### Instructions:

#### IMPORTANT:

A person who had COVID-19 after December 20th, 2021 is considered immune for 60 days. The following instructions do not apply to this person, but if they are showing symptoms of infection (example: fever, diarrhea, etc.), they should stay home until their condition improves.

## 1 A PERSON WHO DEVELOPS SYMPTOMS OF COVID MUST:

(See [COVID-19 symptoms](#))

- **Follow the instructions that apply to a case.**  
For more information: [Instructions for people with COVID-19 in home isolation](#)
- **SELF-ISOLATE.**  
**The members of the family bubble must also isolate themselves,** for the same duration as the symptomatic person.
- **Take a rapid test IMMEDIATELY, if available\*.**
- **Take a second rapid test 24 to 36 hours after,** if the first rapid was negative.

\* PCR test done in a Designated Screening Center 24 hours after the onset of symptoms is strongly recommended for staff members.



# 2

## Instructions for COVID-19 cases (rapid or laboratory test) OR SYMPTOMATIC people (without initial access to a test)

For more information: [Instructions for people with COVID-19](#)

Promptly **notify** the school administration.

### Children LESS than 12 years old

- **Self-isolation for 5 days** from the date of onset of symptoms.
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- **Screening with a rapid test** on the last day of isolation (Day 5), if available.
    - If the result is **NEGATIVE**, the child can return to school, if they haven't had a fever for at least 24 hours without using fever medication **AND** their symptoms have improved;
    - If the result is **POSITIVE**, OR if a test is **NOT AVAILABLE**, the child must stay in isolation for another 5 days.
    - From Day 5, **obtaining a negative result** to a rapid test would allow the lifting of the isolation, if the child hasn't had a fever for at least 24 hours without using fever medication **AND** their symptoms have improved. The rapid tests must be taken 24 HOURS APART.

### People 12 years old OR MORE

#### If adequately vaccinated:

- **Self-isolation for 5 days** from the date of onset of symptoms. Return to school is allowed **when the following conditions are met:**
    - The case hasn't had a fever for at least 24 hours without using fever medication;
    - Their symptoms have improved.
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- **Wearing a procedural mask** at all times and **physical distancing of 2 meters** for the next 5 days.

#### If NOT adequately vaccinated:

- **Self-isolation for 10 days** from the date of onset of symptoms.

### People who live with the positive case / the symptomatic person (High risk contacts)

Home contact  
**LESS than 12 years old**

- **Self-isolation for 5 days minimum** from the date of onset of symptoms of the **FIRST** positive case or symptomatic person in the household.
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- **ONE negative RAPID test** on or after day 5 is required to lift isolation before day 10.

Home contact  
(or sexual partner) **12 years old OR MORE**

- **ADEQUATELY VACCINATED:**  
**Self-isolation for 5 days** from the onset of symptoms of the **FIRST** positive case or symptomatic person in the household.
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- **NOT ADEQUATELY VACCINATED:**  
**Self-isolation for 10 days** from the onset of symptoms of the **FIRST** positive case or symptomatic person in the household.

\* If the household contact develops **symptoms** during this period, they will be considered a **case** and must **follow the instructions above**.